

Books/Materials about Temperament for Parents

These books are intended to be resources for parents and other caregivers who are dealing with a youngster who exhibits spirited or difficult temperament characteristics. In our experience most caregivers find them informative and helpful. These publications should be available at or through your local bookstore.

New paperback edition! Understanding your child's temperament. By William B. Carey, M.D., with Martha M. Jablow. New York. Macmillan: Simon & Schuster. 1997.

Know your child. By Stella Chess and Alexander Thomas. NorthVale, NJ: Jason Aronson, 1996.

Raising your spirited child. By Mary Sheedy Kurcinka. New York: Harper- Collins, 1991.

The difficult child. Revised Edition. By Stanley Turecki and L. Tonner. New York: Bantam Books, 1989.

Books/Materials about Temperament for Professionals

Andersen, K. The temperament guides: Resources for early intervention professionals. Scottsdale, AZ: B-DI, 2000.

Chess, S. and Thomas, A. Temperament theory and practice. New York: Brunner/Mazel, 1996.

Now in its Second Printing!!! Carey, W. B. and McDevitt, S.C. Coping with children's temperament: A guide for professionals. New York: Basic Books, 1995.

Chess, S. and Thomas, A. Temperament in clinical practice. Guilford Publications, 1995.

Bates, J. E. and Wachs, T.D. Temperament: Individual differences at the interface of biology and behavior. Washington, D.C. APA Press, 1994.

Carey, W.B. and McDevitt, S.C. Prevention and early intervention. Individual differences as risk factors for the mental health of children. New York: Brunner/Mazel, 1994.

Halverson, Charles F., Kohnstamm, Geldolph A. & Martin, Roy P. (Eds.). The developing structure of temperament and personality from infancy to adulthood. New York: Erlbaum, 1994

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